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DI.S.C.O.P.M.B. TRAINING PROGRAMME finalisation

We are pleased to announce that the first major milestone of the DI.S.C.O.P.M.B. project is finalised: the multilingual training programme on person-centred and diversity-sensitive care, aimed at higher education students and social and healthcare professionals. This comprehensive course has been designed with the objective of enhancing the competencies and skills necessary for the delivery of quality, personalised and inclusive care practices. In addition to equipping participants with these essential skills, the course also aims to highlight the urgency of integrating such training into existing social and health care curricula.

OVERVIEW OF CONTENTS


The DI.S.C.O.P.M.B. training programme is based on the epistemological framework of diversity-sensitive care. In the "making of" the training, the project team integrated several sources of knowledge: scientific literature, experiential knowledge within their organization, best practices, and storytelling from older individuals with migrant backgrounds and their families and informal carers. As diversity-sensitive competences are broad, the team chose to focus on a selection of basic concepts and interactive exercises to develop knowledge, attitudes and skills. The training curriculum is structured around **four core modules**, each designed to foster and strengthen the skills required for diversity-sensitive care. It addresses the following key areas:

- 1. Person-centred care in a context of diversity**
- 2. Access barriers to professional health and social care services**
- 3. Stereotypes and prejudices**
- 4. Diversity-sensitive communication**

The modules are enriched with practical and reflective exercises, case studies and life stories that facilitate a comprehensive examination of the lives and experiences of older persons with migrant backgrounds, their families and social and healthcare professionals.

PILOT TESTING AND FEEDBACK

The training programme was tested and evaluated in the partner countries, involving a total of 276 participants, including students and professionals in the care, health and social work sectors. Over the past few months, the DI.S.C.O.P.M.B. team has gathered feedback from each partner institutions, which has proved crucial in the process of refining the training



materials. Through the administration of surveys, the collection of participants reflections, and the observation of partners and educators, our team has gained insight into the efficacy of the programme and areas for potential improvement. The feedback indicates that both students and professionals found the training materials to be highly educational and engaging. However, the constructive feedback has enabled us to reorganise the content, incorporate additional activities, and enhance sections on complex theoretical models.

WHERE CAN THE MATERIALS BE ACCESSED?

The **Final Training Package**, a comprehensive handbook containing the materials for all four modules of the training course, is available on the project website www.diversitysensivitycare.eu. In addition, PPT presentations for individual lessons can be viewed and downloaded, providing easily readable and shareable material.

NEXT STEPS

The partners jointly worked on the finalisation of the **Open Online Educational Resource (OER) D.I.S.C.O.P.M.B.** on care for older persons with a migrant background and their families/informal carers. Complementary to the previous training course, the OER is **easily accessible and usable online**, enhancing the quality of learning and knowledge sharing. In this way, more knowledge sharing will take place to promote the Project in a globally manner. In autumn 2024 this resource will be tested by involving educators in VET system and professors in social and health care from universities, students, workers in the health and social care sectors the migration field. Similar to the previous resource, these materials will be available in six different languages (English, Swedish, Italian, Finnish, German and Dutch) and will be piloted and shared in different international contexts.

DO YOU WANT TO KNOW MORE?

To learn more about the project please visit our website www.diversitysensivitycare.eu or follow us on the most popular social networks with # DIVERSITYSENSITIVECARE and #DISCOP

